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## Section 1: 8-K

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

### FORM 8-K

#### Current Report

Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): October 15, 2018

## UNUM GROUP

(Exact name of registrant as specified in its charter)

**Delaware**

(State or other jurisdiction of  
incorporation)

**001-11294**

(Commission File  
Number)

**62-1598430**

(IRS Employer Identification No.)

**1 Fountain Square**

**Chattanooga, Tennessee 37402**

(Address of principal executive offices) (Zip Code)

**(423) 294-1011**

(Registrant's telephone number, including area code)

**Not Applicable**

(Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Indicate by check mark whether the registrant is an emerging growth company as defined in as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

- Emerging growth company

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

**Item 8.01 Other Events.**

On October 15, 2018, Unum Group (the “Company”) announced that Elizabeth Ahmed, formerly Chief Human Resources Officer at AmTrust Financial Services, Inc., has been appointed Executive Vice President, People and Communications for the Company effective October 29, 2018. A copy of the news release issued by the Company on October 15, 2018 announcing Ms. Ahmed’s appointment is attached hereto as Exhibit 99.1.

**Item 9.01 Financial Statements and Exhibits.**

(d) Exhibits. The following exhibit is filed with this report:

99.1 [News release of Unum Group dated October 15, 2018, concerning the appointment of Ms. Ahmed.](#)

## SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**Unum Group**  
(Registrant)

Date: October 15, 2018

By: /s/ J. Paul Jullienne

Name: J. Paul Jullienne

Title: Vice President, Managing Counsel, and  
Corporate Secretary

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## Section 2: EX-99.1

**Exhibit 99.1**



1 Fountain Square  
Chattanooga, TN 37402  
[www.unum.com](http://www.unum.com)

# news

FOR IMMEDIATE RELEASE

### Contacts

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## **Unum hires Elizabeth Ahmed as executive vice president of people and communication**

**CHATTANOOGA, Tennessee (Oct. 15, 2018)** - Unum (NYSE: UNM), a leading provider of financial protection benefits in the U.S. and U.K., today said that Elizabeth Ahmed has been appointed executive vice president of People and Communication for the company effective October 29.

In her role, she will report to President and CEO Richard McKenney and oversee four primary functions: Human Resources, Diversity and Inclusion, Corporate Social Responsibility, and Corporate Communications. She will be based at the company's headquarters in Chattanooga.

"It's a privilege to welcome Liz to Unum's senior leadership team," McKenney said. "She is an accomplished and well-respected human resources executive, and I'm confident she'll help us realize our vision of a world-class workplace that attracts great talent

and values every voice.”

As a member of the company’s senior leadership committee, Ahmed will work with leaders across the enterprise to develop talent strategies that ensure Unum employees continue to be a competitive advantage. She will also help guide the company on its journey to be more inclusive and ensure Unum is communicating effectively to its various stakeholders.

Ahmed is relocating from Cleveland, Ohio, where she was Chief Human Resources Officer at AmTrust Financial Services, a \$6 billion company with 8,000 employees. Ahmed has also held HR leadership positions at Equity Administration Services, PNC Bank and Marsh USA.

She has a Bachelor of Arts from University of Sussex, and a Master of Science in Organizational Design and Analysis from Case Western Reserve University.

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#### **About Unum**

Unum Group ([www.unum.com](http://www.unum.com)) is a leading provider of financial protection benefits in the United States and the United Kingdom. Its primary businesses are Unum US, Colonial Life, and Unum UK. Unum’s portfolio includes disability, life, accident and critical illness, dental and vision coverage, which help protect millions of working people and their families in the event of an illness or injury. Unum also provides stop-loss coverage to help self-insured employers protect against unanticipated medical costs. The company reported revenues of \$11.3 billion in 2017 and provided nearly \$7 billion in benefits.

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