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Contacts

INVESTORS Tom White 423 294 8996

MEDIA Jim Sabourin 423 294 6043

Unum Group Announces Annual Investor Meeting

CHATTANOOGA, **TN** (October 16, 2018) – Unum Group (NYSE: UNM) announced today that it will hold its annual investor meeting on Wednesday, December 12, 2018, at the Grand Hyatt New York. The meeting will start at 8:00am EST and is anticipated to conclude by 10:30am EST. The event will be simulcast in a listen-only mode on the "Investors" page of the company's website (www.unumgroup.com) approximately 15 minutes prior to the start of the meeting.

The presentation will be available on the "News and Events" page and will remain on the website for one year after the event.

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ABOUT UNUM GROUP

<u>Unum Group</u> is a leading provider of financial protection benefits in the United States and the United Kingdom. Its primary businesses are Unum US, Colonial Life, and Unum UK. Unum's portfolio includes disability, life, accident and critical illness, dental and vision coverage, which help protect millions of working people and their families in the event of an illness or injury. Unum also provides stop-loss coverage to help self-insured employers protect against unanticipated medical costs. The company reported revenues of \$11.3 billion in 2017, and provided \$7 billion in benefits.

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